



A4TD's Nugget of Knowledge

April 10, 2020

Greetings from A4TD . . .

Welcome to A4TD's first ***Nugget of Knowledge*** designed for you, our program participant. This is our way of letting you know that even though your host site training experience is temporarily suspended, you are still part of the SCSEP program and we remain here for you. It matters to us that we stay in touch. Our connection may look a little different now, but our commitment to you remains the same.

Your intellectual and emotional well-being is important to us, and we'd like to be a regular source of learning, comfort and connection for you. Therefore, we will regularly be sending you these Nuggets of Knowledge. These short communications will contain a variety of information. ***How you engage with this material is up to you and is optional.*** We hope, however, that you will find it to be interesting, beneficial and meaningful.

Please note that if you have any questions you want to ask us, you can simply reply to this email and we will do our best to get an answer back to you.

Be safe, be well, and stay in touch.

Did you Know . . .

That while you are staying at home practicing social distancing, you could pursue an interest by taking a free course at coursera.com? There are all kinds of learning offerings available for free until May 15. Click on this link for more information.

<https://blog.coursera.org/coursera-together-free-online-learning-during-covid-19/>

A Training Tidbit . . .

You might want to use this time that you are at home to spruce up your resume. Here's one important consideration: think about the wording you use. Hiring managers see a lot of resumes and get tired of certain worn out descriptors. Here are some of the best and worst resume terms:

Best: achieved; improved; managed; created; resolved; and developed.

Worst: hard worker; team player; detail oriented; self motivated; track record; and dynamic.

Fun Fact . . .

Did you know that before Sesame Street's Cookie Monster took on that very appropriate name, he was actually named Sid? This was revealed in a 2004 episode.

In case you need a break . . .

Take a moment to relax and enjoy this webcam view of jellyfish, courtesy of the Georgia Aquarium. <https://www.georgiaaquarium.org/webcam/jelly-webcam/>

A Final Thought . . .

"May your choices reflect your hopes, not your fears." ~ Nelson Mandela

Ask A4TD . . .

Just a reminder that if you have a comment or a question for A4TD, please "reply" to this message and enter your thoughts in the message box.

Until next time, and with gratitude, your A4TD team sends you all our best wishes.