

MARIA PORTER, CHHA

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PROFESSIONAL PROFILE

Responsible Home Health Aide with excellent communication skills demonstrated by eight+ years of experience in home health care. Proficient in providing exceptional in-home support to patients with a wide range of disabilities, illnesses or other challenges.

- Certified Home Health Aide
- Knowledge of medical terminology
- Expertise in medication and assistance with daily living
- Experienced in behavioral documentation
- Proficient in Microsoft Word, Outlook and Excel

SKILLS SUMMARY

Medical

- Assist patients with multiple chronic diagnoses, including COPD and asthma.
- Followed doctor's orders for home treatment plans and administered medications.
- Monitored vitals and noted any behavioral changes or new symptoms.

Interpersonal

- Supported patients with customized patient teaching tool.
- Trained clients on independent living skills.
- Frequently commended for maintaining the safety, respect, and dignity of clients.
- Provide patients and families with emotional support and instruction in areas such as infant care and adaptation to disability or illness.

Home Care

- Cleaned homes, ran errands and attended medical appointments with clients.
- Managed schedules and drove clients to appointments.
- Bathed and groomed home-bound geriatric patients.
- Plan, purchase, prepare, and serve meals to patients and other family members, according to prescribed diets.

WORK EXPERIENCE

<i>KRAL Healthcare, New City, CA</i>	Home Health Aide	11/2010 – Present
• <i>Reliable Health Services, New City, CA</i>	Home Health Aide	02/2005 – 11/2010
• <i>Integrated Home Health, New City, CA</i>	Home Health Aide	03/2003 – 01/2005
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EDUCATION

Certificate in Home Health Aide Training, **Mesa College**, New City, CA

CERTIFICATIONS

Certified Home Health Aide, State of California
BLS, CPR & First Aid Certifications

2005- Present